

THE ROUTE & FACILITIES

KEY

- S Start
 - F Finish
 - CP Checkpoint
 - Hot food available
 - Cultural show
 - Massage available
 - Camping
 - Water station
 - Showers
 - South Downs National Park
 - South Downs Way
 - Railway
 - Countryside sites
 - Settlement
- NB: All checkpoints will provide toilets and water. Support Crew access and parking is available at all checkpoints. Medical Support will be available at all times across the course.



QUEEN ELIZABETH
COUNTRY PARK

BRIGHTON
RACECOURSE